

Medication Therapy Management (MTM) Grant Report 2024

Background

The Medication Therapy Management (MTM) Grant Program, funded by the McKesson Foundation and administered by the NAFC, provided \$30,000 to six free and charitable clinics and pharmacies to establish or expand their MTM programs. Aligned with the American Pharmacists Association's recommendations, the program aimed to improve patient health outcomes by optimizing medication use, enhancing adherence, and reducing adverse drug events. Over the course of one year, the program focused on increasing the percentage of eligible patients benefiting from MTM services, contributing to better chronic disease management and overall health outcomes in underserved communities.



Awardees

- Greenville Free Medical Clinic - Greenville, SC
- Miami Rescue Mission Clinic - Miami, FL
- NOVA ScriptsCentral - Falls Church, VA
- St. Vincent de Paul Charitable Pharmacy - Cincinnati, OH
- Symba Center - Victorville, CA
- West Virginia Health Right - Charleston, WV

Results

The MTM Grant Program had remarkable outcomes across diverse clinic settings, with each grantee tailoring its approach to enhance medication management and patient care. For example, the **Miami Rescue Mission Clinic (MRMC)**, focusing on Miami-Dade and Broward counties' homeless and underserved populations, made strides in medication adherence and patient education. By updating their dispensing facilities, training providers, and implementing targeted objectives like improving patient communication, MRMC addressed critical gaps in healthcare access. They even secured a volunteer pharmacist for ongoing support, ensuring that patients continue to receive dedicated, informed care.

Grantees like **St. Vincent de Paul Charitable Pharmacy** and **NOVA ScriptsCentral (NSC)** leveraged the grant to expand MTM capacity and broaden community impact. SVDP used the funds to increase MTM services by 12% over the previous year, adding a new clinic location to serve Ohio's diverse urban, suburban, and rural communities. Their MTM program surpassed goals, providing over 1,960 medication reviews and resolving 10,467 clinical interventions.

Meanwhile, NSC focused on culturally competent patient communication, launching workshops and webinars to train providers and developing a toolkit to support diabetes prevention and food literacy. NSC's efforts have created a sustainable model, with plans to offer its D.E.E.P. program toolkit as a revenue-generating resource for community organizations.

With grants supporting medication access, MTM program expansions, and provider training, the MTM Grant Program has substantially improved medication adherence, healthcare access, and patient education across all participating clinics and pharmacies.



By the Numbers

- The project reached **55,951** patients through **6 Free and Charitable Clinics and Pharmacies**.
- **704** providers were trained on Medication Therapy Management.
- **199,745** lives were touched through the program. This includes patients, providers, staff, volunteers and patient family members.

