

# 2022 Preeclampsia Prevention through Maternal Health Grant Report

## Background

The program aimed to address the disproportionately higher rates of preeclampsia among women from marginalized communities and ensure access to quality healthcare services. Through this initiative, we partnered with free and charitable clinics to provide essential care, education, and resources to at-risk pregnant women. Program objectives are as follows:

- Increase awareness: Raise awareness about preeclampsia, its risk factors, and symptoms among women of color through educational campaigns on-site and provider training.
- Early detection and intervention: Improve early detection and intervention by offering a combination of screenings, blood pressure monitoring, and low-dose aspirin at free and charitable clinics.
- Empowerment and support: Provide resources and support to pregnant women diagnosed with or at risk of developing preeclampsia, including access to consultations, educational materials, and referrals to appropriate healthcare providers.

<b>9</b> clinic grantees	<b>providers/clinicians trained on preeclampsia</b> <b>99</b>
<b>2,531</b> individuals served	<b>women who recieved educational materials</b> <b>1,974</b>
<b>9,491</b> total lives touched	<b>women who received low-dose aspirin</b> <b>589</b>
<b>1,951</b> pregnant women screened for preeclampsia	<b>women who received BP cuffs</b> <b>203</b>
<b>943</b> black pregnant women seen	<b>women who had healthy pregnancies and births</b> <b>501</b>

## Results

The grant program has had a significant impact on preventing preeclampsia and improving maternal health outcomes among women of color. Key outcomes and achievements include:

- Increased awareness: Over 2,531 patients from marginalized communities were reached through our community awareness campaign, leading to heightened knowledge and understanding of preeclampsia.
- Early detection and intervention: 1,957 pregnant women received free screenings at partnering clinics, enabling early detection and timely interventions for preeclampsia cases.
- Access to care: 203 pregnant women received blood pressure monitoring and appropriate management of preeclampsia.
- Improved health outcomes: Clinics not only detected and managed preeclampsia at an early stage, but also were able to provide 1,974 women with educational materials on preeclampsia. 501 participating women that were able to be monitored post-birth had healthy pregnancies.

The grant program focusing on preventing preeclampsia in women of color has made a tangible difference in the lives of pregnant women from marginalized communities. By collaborating with free and charitable clinics, we have successfully increased awareness, facilitated early detection, and provided essential care and support to at-risk pregnant women. We remain committed to sustaining and expanding these efforts to further reduce the disparities in maternal health outcomes and ensure equitable access to quality healthcare services.

