COVID-19 vaccines can give you:

- Fever/Headache
- Tiredness
- Soreness
- Heart problems: Young men might feel some swelling around their heart after they get the 2nd dose of an mRNA vaccine. This usually goes away quickly—either on its own or with over-the-counter medicine.
- Symptoms that last for a few days
- Defense against long COVID
- Less chance of getting very sick
- More protection for your family

Catching COVID-19 without the vaccine can lead to:

- Problems staying focused ("brain fog")
- Cough/Sore throat
- Shortness of breath
- Heart problems: It’s much more common for people to feel heart problems after a COVID-19 infection than after getting a vaccine. Some studies show that these heart problems are 11 times more common after infection.
- Symptoms that last for a few weeks or months
- More long COVID symptoms that impact day-to-day life
- Expensive hospital bills
- More concerns for your family

Talk to us today to see if the COVID-19 vaccine is right for you and your family. We’d be happy to help!

Updated September 2023